

2024 Dane County Youth Assessment

7th-8th Grade Report



Issued on October 28, 2024

Dane County Department of Human Services

Prevention & Early Intervention



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Dane County Youth Assessment 2024

7th- 8th Grade level Report

The Dane County Youth Commission is pleased to release this 7th-8th Grade Demographic Report from the 2024 Dane County Youth Assessment. Every three years, youth in grades 7-12 complete the DCYA, which captures their opinions, concerns, behaviors, attitudes, and experiences on a range of topics. This report covers the responses of 7th and 8th graders. The DCYA is a collaborative effort led by the Dane County Youth Commission in partnership with the United Way of Dane County, Public Health Madison & Dane County, the City of Madison, and school districts in the county. For the full results of the current and past Dane County Youth Assessment(s), current and past Overview Reports, as well as further demographic analysis, please go to <https://danecountyhumanservices.org/About-Us/Commissions-Boards-and-Committees/Youth-Commission/Youth-Assessment>

In 2024, 9,098 7th-8th grade students completed the Dane County Youth Assessment. The 2024 survey was administered between January 15, 2024, and April 15, 2024 to middle and high school students across seventeen public school districts. Student participation was voluntary and anonymous. Parents were notified in advance of survey administration and could opt their child out of participating.

Survey development is led by K12 Associates, LLC and a committee comprised of educators, public health professionals, project funders, and youth interns. The survey includes questions about protective and risk behaviors across contexts of school, peer relations, family, and community. The DCYA is a behavioral risk survey that uses self-report methodology. This methodology is widely used and has proven to be valid and reliable. The validity of the assessment is supported by the large survey population, the fact that results are in-line with national trends, and the consistency of the findings over time. The 2024 DCYA includes new questions on emerging youth issues while retaining important questions from past surveys to measure trends. The survey includes items from the national Centers for Disease Control and Prevention (CDC) Youth Risk Behavior Survey and other national surveys to allow for comparisons to youth in the U.S. and in Wisconsin. Extensive efforts are made to ensure that questions are clear and understandable. The survey is available in multiple languages.

The 2024 DCYA marks the eighth time the Youth Commission has coordinated an opportunity for 7th-12th grade youth in Dane County to voice their opinions, needs, concerns and interests. This effort provides the community with information and insight on youth trends. Although not the only source of information on what is impacting youth in our community, the DCYA provides one very valuable resource to inform program and policy decisions. The Youth Commission and its partners hope that youth-serving agencies, community stakeholders, parents, policy makers, school districts and youth will use this and subsequent reports to appreciate where we have been, to recognize the successes and challenges of today, and to create an even brighter future for Dane County. The Youth Commission would like to thank the funding partners, school districts, committee members, and the students and parents of Dane County for making this project possible.

Acknowledgements

Project Administration

- Megan Meinen, Dane County Human Services, Staff to the Dane County Youth Commission
- Brian Koenig, K12 Associates Consulting Firm

Financial Sponsors

- Dane County Human Services
- United Way of Dane County
- Participating schools and school districts
- Public Health Madison & Dane County
- City of Madison

Dane County Youth Commission

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- Ashley Pletzer, Vice Chair
- Kate McGinnity, Board Supervisor
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- Chelsey Tubbs
- Jeremy Thornton
- Pragnya Vella
- Megan Meinen, Staff

2024 Dane County Youth Assessment Work Group

The Steering Committee is a subcommittee of the Dane County Youth Commission charged with providing the oversight and leadership necessary to complete a project of this scope. 2024 Youth Assessment Steering Committee members include:

- Meghan Benson, Dane County Youth Commission
- Cortney Dunklin, United Way of Dane County
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- Katarina Grande, Public Health Madison & Dane County
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- Mary O'Donnell, City of Madison Community Development Division
- Jenna Ramaker, Dane County Human Services
- Megan Meinen, Staff, Dane County Human Services/Youth Commission

Participating Schools

- School District of Belleville
- School District of Cambridge
- Columbus School District
- Deerfield Community School District
- DeForest Area School District
- Madison Metropolitan School District
- McFarland School District
- Middleton-Cross Plains Area School District
- Monona Grove School District
- Mount Horeb Area School District
- Oregon School District
- Sauk Prairie School District
- Stoughton Area School District
- Sun Prairie Area School District
- Verona Area School District
- Waterloo School District
- Waunakee Community School District
- Wisconsin Heights School District

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Using This Report

This report looks at 7th-8th grade students by grade level by selected questions on the 2024 Dane County Youth Assessment (DCYA-2024). The grade level question on the DCYA-2024 gave students the option of choosing 7th or 8th grade.

2. What grade are you in?

Response Options	N	% of all 7 th -8 th Grade Students
7 th grade	4494	50.2%
8 th grade	4458	49.8%

The tables in this report are all constructed in the same manner. There are two subgroups: 1) 7th graders 2) 8th graders. Every table has a column for each subgroup and a column for all 7th-8th graders (labeled % of All 7th-8th Grade) on DCYA-2024. Each column shows how that group or subgroup responded to the selected question.

In the example below, 66% of 8th graders participated in sports in the current school year and 25% did not and 9% were not sure. For all 7th-8th grade students 65% participated in sports.

Participating in sports

Dane County 7-8		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	
18. In this current school year, have you played or will you play on a sports team either through school or on a club team?	Yes	65%	66%	65%
	No	25%	25%	25%
	Not sure	11%	9%	10%

Survey item (as asked on the survey)

% of students who identify as female who volunteered

Survey Population 7th – 8th Graders
N= 9,098

Demographics

Age

Dane County 7-8		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
1. How old are you?	12 years old or younger	48%	0%	24%
	13 years old	51%	51%	51%
	14 years old	1%	49%	25%
	15 years old	0%	0%	0%
	16 years old or older	0%	0%	0%

Race

Dane County 7-8		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
3. What is your race? (Chose only one)	Biracial or multiracial (more than one race)	9%	8%	9%
	Native American/American Indian or Alaskan Native	1%	1%	1%
	Asian	6%	6%	6%
	Black or African American (not Hispanic)	6%	7%	7%
	Hispanic or Latino	10%	10%	10%
	Middle Eastern or North African	1%	1%	1%
	Native Hawaiian or Pacific Islander	0%	0%	0%
	White (not Hispanic)	61%	63%	62%
	Prefer not to say	6%	4%	5%

BIPOC

Dane County 7-8		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
6. Do you think people see you as BIPOC (Black, indigenous, person of color)? (Select one option)	Yes	13%	16%	15%
	No	66%	67%	67%
	Not Sure	20%	17%	19%

Gender ID

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
7. How do you describe your gender identity? (check one)	Male	49%	51%	50%
	Female	48%	46%	47%
	Non-binary	1%	1%	1%
	Gender fluid	1%	2%	2%

Sexual orientation

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
9. Which of the following best describes your sexual orientation?	Straight/Heterosexual	82%	83%	82%
	Gay or Lesbian	3%	3%	3%
	Bisexual	6%	7%	6%
	Pansexual	3%	2%	3%
	Asexual	2%	1%	1%
	Questioning my sexual orientation	4%	4%	4%

Disability

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
10. Do you have a disability?	Yes	7%	7%	7%
	No	80%	82%	81%
	Not sure	13%	11%	12%

Living Situation

Changing schools

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 9-12				
14. In the last 12 months, how many times have you changed schools because of moving?	0 times	90%	92%	91%
	1 time	7%	6%	6%
	2 times	2%	1%	1%
	3 or more times	1%	1%	1%

Need school meals

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 9-12				
67. How strongly do you agree or disagree with the following statement, If the school didn't provide lunch or breakfast, most days, I wouldn't have any food at all.	Strongly Agree	5%	4%	4%
	Agree	11%	9%	10%
	Disagree	31%	32%	32%
	Strongly Disagree	54%	54%	54%

Evening family meals together

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 9-12				
26. In an average week, how many days do you eat evening meals with your family?	0 days	7%	7%	7%
	1 day	4%	5%	4%
	2 days	6%	7%	6%
	3 days	7%	9%	8%
	4 days	8%	9%	8%
	5 days	12%	13%	13%
	6 days	11%	12%	12%
	7 days	45%	38%	42%

Discrimination

Have you been discriminated against, treated unfairly?

		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	% of Group
Dane County 9-12				
11a. (Discriminated against) I have not been discriminated against	I have been treated unfairly or discriminated against	18%	18%	18%
	In have not been treated unfairly or been discriminated against	82%	82%	82%
11b. (Discriminated against) My race	No	74%	73%	73%
	Yes, because of my race	26%	27%	27%
11c. (Discriminated against) My gender	No	81%	76%	78%
	Yes, because of my gender	19%	24%	22%
11d. (Discriminated against) My sexual orientation	No	88%	84%	86%
	Yes, because of my sexual orientation	12%	16%	14%
11e. (Discriminated against) My physical appearance	No	59%	56%	58%
	Yes, because of my physical appearance	41%	44%	42%
11f. (Discriminated against) My religion	No	87%	87%	87%
	Yes, because of my religion	13%	13%	13%
11g. (Discriminated against) My political affiliation	No	95%	94%	94%
	Yes, because of my political affiliation	5%	7%	6%
11h. (Discriminated against) My disability	No	92%	91%	91%
	Yes, because of my disability	8%	9%	9%
11i. (Discriminated against) Other reasons	No	63%	64%	64%
	Yes, because of other reasons	37%	36%	36%

Community Engagement

Community engagement

Dane County 7-8		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
16(a). Community engagement . . . It is my responsibility to be actively involved.	Strongly Agree	18%	19%	18%
	Agree	68%	67%	67%
	Disagree	13%	12%	12%
	Strongly Disagree	2%	2%	2%
16(b). Community engagement. People working together can make changes.	Strongly Agree	43%	43%	43%
	Agree	53%	53%	53%
	Disagree	4%	3%	3%
	Strongly Disagree	1%	1%	1%
16(c). Community engagement. I think my opinion makes a difference.	Strongly Agree	15%	14%	15%
	Agree	55%	56%	55%
	Disagree	25%	25%	25%
	Strongly Disagree	6%	6%	6%

Extracurriculars

Days a week participating in sports

Dane County 7-8		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
18. In this current school year, have you played or will you play on a sports team either through school or on a club team?	Yes	65%	66%	65%
	No	25%	25%	25%
	Not sure	11%	9%	10%

Days a week participating in homework club

Dane County 7-8		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
19(a). Tutoring, homework club or other academic support	Not available in my neighborhood	5%	5%	5%
	Never involved in this activity	76%	77%	76%
	1-2 days	12%	12%	12%
	3-4 days	5%	4%	4%
	5 or more days	3%	3%	3%

Days a week participating in school clubs and competition

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
19(b). School clubs or competitions like forensics, model UN, etc.	Not available in my neighborhood	5%	5%	5%
	Never involved in this activity	72%	74%	73%
	1-2 days	16%	15%	15%
	3-4 days	5%	4%	5%
	5 or more days	3%	2%	3%

Days a week participating in religious activities

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
19(e). Religious or spiritual activities	Not available in my neighborhood	8%	7%	8%
	Never involved in this activity	69%	68%	69%
	1-2 days	18%	20%	19%
	3-4 days	2%	2%	2%
	5 or more days	2%	3%	2%

Days a week participating in after school clubs

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
19(f). Other programs, clubs or activities at school, neighborhood centers or in the community	Not available in my neighborhood	4%	4%	4%
	Never involved in this activity	48%	51%	49%
	1-2 days	25%	24%	24%
	3-4 days	13%	13%	13%
	5 or more days	10%	9%	9%

Exercise and Nutrition

Days per week physically active

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
21. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? The physical activity could have happened a few times throughout the day at smaller amounts, adding up to 60 minutes as a total for the day	0 days active for 60 minutes	5%	4%	5%
	1-2 days active for 60 minutes	17%	18%	17%
	3-4 days active for 60 minutes	33%	33%	33%
	5 or more days active for 60 minutes	45%	45%	45%

Physical activity

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
21. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? The physical activity could have happened a few times throughout the day at smaller amounts, adding up to 60 minutes as a total for the day	0 days active for 60 minutes	5%	4%	5%
	1-2 days active for 60 minutes	17%	18%	17%
	3-4 days active for 60 minutes	33%	33%	33%
	5 or more days active for 60 minutes	45%	45%	45%

Servings of veggies and fruit each day

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
29. During the past 7 days, how many times did you eat fruits or vegetables? (Do not count fruit juice, French Fries, fried potatoes or potato chips.)	0 times the past 7 days	4%	4%	4%
	1 to 3 times the past 7 days	40%	41%	41%
	4 to 6 times the past 7 days	34%	34%	34%
	1 time per day	22%	21%	21%

Number of days eating breakfast

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
27. During the past 7 days, how many days did you eat breakfast?	0 days	12%	14%	13%
	1 day	6%	7%	7%
	2 days	9%	11%	10%
	3 days	7%	7%	7%
	4 days	6%	6%	6%
	5 days	9%	10%	9%
	6 days	7%	7%	7%
	7 days	43%	38%	41%

Sleep and Bedtime

School nights up past 11pm

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
22. On average, how many school nights (Sunday-Thurs) a week are you awake past 11pm?	0 school nights	31%	23%	27%
	1 school night	21%	18%	19%
	2 school nights	17%	18%	18%
	3 school nights	12%	15%	14%
	4 school nights	5%	8%	7%
	Every school night	14%	18%	16%

Reason for staying up

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 9-12				
23(a) Common reason you stay up past 11pm on school nights - doing homework	No	55%	46%	50%
	Yes	45%	54%	50%
23(b) Common reason you stay up past 11pm on school nights - video games	No	58%	54%	56%
	Yes	42%	46%	44%
23(c) Common reason you stay up past 11pm on school nights - looking at phone or computer	No	37%	25%	30%
	Yes	63%	75%	70%
23(d) Common reason you stay up past 11pm on school nights - worrying or anxiety	No	57%	57%	57%
	Yes	43%	43%	43%
23(e) Common reason you stay up past 11pm on school nights - watching TV	No	55%	51%	53%
	Yes	45%	49%	47%

Family bedtime

		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	% of Group
Dane County 7-8				
24. In your home, do you have rules or guidelines about bedtime on school nights? Bedtime means the time you should go to bed.	Yes, I have a bedtime on school nights.	64%	53%	58%
	No, I don't have a bedtime on school nights.	15%	21%	18%
	Not clear whether I have bedtime or not	21%	26%	23%

Do you follow the bedtime

		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	% of Group
Dane County 7-8				
25. How often do you stick to the bedtime rules in your home?	Don't have bedtime rules	18%	26%	22%
	Almost always	32%	24%	28%
	Most of the time	27%	25%	26%
	Sometimes	15%	17%	16%
	Rarely, never	8%	9%	8%

Parent Monitoring and Interest

Evening meals per week with family

		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	% of Group
Dane County 7-8				
26. In an average week, how many days do you eat evening meals with your family?	0 days	7%	7%	7%
	1 day	4%	5%	4%
	2 days	6%	7%	6%
	3 days	7%	9%	8%
	4 days	8%	9%	8%
	5 days	12%	13%	13%
	6 days	11%	12%	12%
	7 days	45%	38%	42%

Parents monitor school progress

		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	% of Group
Dane County 7-8				
32(f). My parents . . . : Monitor my school progress.	Always	63%	64%	63%
	Often	25%	24%	24%
	Sometimes	10%	10%	10%
	Never	2%	2%	2%

Other parent monitoring

		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	% of Group
Dane County 7-8				
32(a). My parents . . . : Know where I am when I go out.	Always	81%	79%	80%
	Often	15%	18%	17%
	Sometimes	3%	3%	3%
	Never	1%	0%	0%
32(b). My parents . . . : Set clear rules about what I can and cannot do.	Always	58%	56%	57%
	Often	31%	31%	31%
	Sometimes	10%	12%	11%
	Never	1%	1%	1%
32(d). My parents . . . : Have consequences if I break rules.	Always	52%	53%	53%
	Often	29%	29%	29%
	Sometimes	15%	16%	16%
	Never	3%	2%	3%

Parents provide structure (SCALE)

		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	% of Group
Dane County 7-8				
Parents provide structure scale	Strongly Agree	78%	76%	77%
	Agree	18%	18%	18%
	Disagree	4%	5%	4%
	Strongly Disagree	1%	1%	1%

My parents . . .

		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	% of Group
Dane County 7-8				
32(c). My parents . . . : Have talked with me about my future plans.	Always	30%	41%	35%
	Often	26%	28%	27%
	Sometimes	35%	27%	31%
	Never	10%	5%	7%
32(e). My parents . . . : Encourage me to do well.	Always	79%	79%	79%
	Often	15%	15%	15%
	Sometimes	5%	5%	5%
	Never	1%	1%	1%
32(g). My parents . . . : Talk with me about things that bother me.	Always	35%	33%	34%
	Often	25%	25%	25%
	Sometimes	27%	29%	28%
	Never	13%	13%	13%

Parents show interest in me (SCALE)

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
Parents show interest scale	Strongly Agree	49%	55%	52%
	Agree	32%	29%	30%
	Disagree	15%	13%	14%
	Strongly Disagree	4%	4%	4%

Parent risk factors

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
33(b). My parent has been in prison or jail.	Yes	7%	7%	7%
	No	86%	87%	87%
	Don't know	6%	6%	6%
33(c). My parent has hit me, leaving bruises, marks or any kind of injury.	Yes	5%	4%	4%
	No	91%	92%	92%
	Don't know	4%	4%	4%
33(d). My parent gets drunk at least once a week.	Yes	6%	6%	6%
	No	88%	88%	88%
	Don't know	6%	6%	6%
33(e). My parent abuses prescription or nonprescription drugs.	Yes	1%	2%	1%
	No	95%	95%	95%
	Don't know	4%	3%	4%
33(f). My parents physically fight with each other.	Yes	1%	2%	2%
	No	94%	94%	94%
	Don't know	4%	4%	4%

Anxiety

In the past 30 days, how often have you

		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	% of Group
Dane County 7-8				
34(a). Felt nervous, anxious or on edge.	Always	12%	12%	12%
	Often	23%	25%	24%
	Sometimes	42%	42%	42%
	Not at all	23%	21%	22%
34(b). Not been able to stop or control worrying.	Always	10%	9%	9%
	Often	16%	17%	17%
	Sometimes	29%	29%	29%
	Not at all	45%	45%	45%
34(c). Felt problems were piling up so high that you could not handle them	Always	11%	11%	11%
	Often	15%	16%	15%
	Sometimes	26%	27%	26%
	Not at all	48%	46%	47%
34(d). Worried too much about different things	Always	14%	13%	13%
	Often	20%	22%	21%
	Sometimes	32%	33%	33%
	Not at all	33%	32%	33%
34(e). Had trouble relaxing	Always	10%	9%	9%
	Often	16%	16%	16%
	Sometimes	30%	33%	32%
	Not at all	44%	42%	43%
34(f). Been so restless that it is hard to sit still	Always	11%	10%	11%
	Often	14%	14%	14%
	Sometimes	24%	24%	24%
	Not at all	51%	51%	51%
34(g). Become easily annoyed or irritable	Always	19%	20%	19%
	Often	24%	24%	24%
	Sometimes	34%	34%	34%
	Not at all	23%	23%	23%
34(h). Felt afraid as if something awful might happen	Always	12%	10%	11%
	Often	13%	13%	13%
	Sometimes	24%	25%	25%
	Not at all	51%	51%	51%

DCYA Anxiety Measure (SCALE)

		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	% of Group
Dane County 7-8				
DCYA Anxiety Scale (3 items)	Always	13%	13%	13%
	Often	15%	16%	15%
	Sometimes	21%	23%	22%
	Not at all	52%	49%	50%

3 MOST IMPORTANT causes of stress and anxiety in my life

		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	% of Group
Dane County 7-8				
35(a) I really don't experience much stress or anxiety	Yes some anxiety	36%	38%	37%
	Really don't experience anxiety	64%	62%	63%
35(b) Pressure to have money, have things (phone, clothes, car)	No	75%	70%	73%
	Yes	25%	30%	27%
35(g) Too much homework	No	40%	35%	37%
	Yes	60%	65%	63%
35(h) Social pressure to be popular, look good	No	52%	49%	50%
	Yes	48%	51%	50%
35(i) Pressure to perform in school (hard classes, getting good grades)	No	50%	42%	46%
	Yes	50%	58%	54%
35(j) Feeling like I don't fit in at school	No	57%	55%	56%
	Yes	43%	45%	44%
35(k) Homelife or family problems	No	67%	63%	65%
	Yes	33%	37%	35%
35(l) Politics and elections	No	94%	89%	91%
	Yes	6%	11%	9%
35(m) Racial tensions	No	94%	92%	93%
	Yes	6%	8%	7%
35(n) Other problems (open ended)	No	100%	100%	100%

Emotional and Mental Health

Diagnosed with emotional or mental health issue

		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	% of Group
Dane County 9-12				
36(a) Never diagnosed with an emotional or mental health issue	Yes, I have an emotional health problem	20%	20%	20%
	No emotional health problem	80%	80%	80%
36(b) Trauma or PTSD	No trauma	94%	91%	92%
	Trauma or PTSD	6%	9%	8%
36(c). Depression	No Depression	82%	73%	77%
	Depression	18%	27%	23%
36(d). Anxiety	No Anxiety	64%	59%	61%
	Anxiety	36%	41%	39%
36(e). An eating disorder	No eating disorder	94%	93%	93%
	Eating disorder	6%	7%	7%
36(f). ADD or ADHD	No ADD or ADHD	73%	69%	71%
	ADD or ADHD	27%	31%	29%

Receiving professional mental health services

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
37. Are you currently receiving professional mental health services?	No, I'm not receiving mental health services	85%	84%	85%
	Yes, I'm receiving mental health services	15%	16%	15%

Where receiving mental health services

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
38. If you are receiving mental health services, are those services . . .	Mental health services in school	9%	7%	8%
	Mental health services outside of school	68%	70%	69%
	Both in school and outside of school	23%	23%	23%

Depression: Feeling sad and hopeless

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
40. During the past 12 months, did you ever feel so sad or hopeless almost every day for at least two weeks in a row that you stopped doing some usual activities?	Yes	22%	23%	23%
	No	78%	77%	77%

Suicide ideation

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
44. During the past 12 months, have you thought seriously about killing yourself?	No	88%	86%	87%
	Yes	12%	14%	13%

Made a suicide plan

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
45. During the past 12 months, did you make a plan about how you would attempt suicide?	No	93%	92%	92%
	Yes	7%	8%	8%

Suicide attempts in the last 12 months

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
46. During the past 12 months, have you attempted to kill yourself?	No	96%	96%	96%
	Yes, 1 time	2%	3%	2%
	Yes, more than 1 time	1%	1%	1%

Self-harm in the last 12 months

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
43. During the past 12 months, how many times did you do something to hurt yourself on purpose, without wanting to die, such as cutting or burning yourself?	Never	83%	83%	83%
	Rarely (one or twice)	11%	10%	11%
	Occasionally	4%	4%	4%
	Frequently	2%	2%	2%

Sexual Violence

Forced to take part in a sexual act

Dane County 7-8		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
48. Have you ever been forced, either verbally or physically, to take part in a sexual activity?	Yes	8%	9%	9%
	No	92%	91%	91%

Vaping, Nicotine, THC and Tobacco

Nicotine vaping last 12 months

Dane County 7-8		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
49. In the past 12 months, have you ever used nicotine or a tobacco product in an electronic cigarette, e-cigarette or vaping device?	Yes	3%	5%	4%
	No	97%	95%	96%

Nicotine vaping last 30 days

Dane County 7-8		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
50. In the past 30 days, on how many days did you use a nicotine or a tobacco product in an electronic cigarette, e-cigarette or vaping device?	Never used a vaping device	94%	92%	93%
	0 days	5%	6%	5%
	1 or 2 days	1%	1%	1%
	3 to 5 days	0%	0%	0%
	6 to 9 days	0%	0%	0%
	10 days or more	0%	1%	1%

THC vaping last 12 months

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
51. In the past 12 months, have you ever used THC or any cannabis product (concentrates, waxes or hash oils) in an electronic cigarette, e-cigarette or vaping device?	Yes	2%	4%	3%
	No	98%	96%	97%

THC vaping last 30 days

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
52. In the past 30 days, on how many days did you use THC or any cannabis product (concentrates, waxes or hash oils) in an electronic cigarette, e-cigarette or vaping device?	Never used a vaping device	94%	92%	93%
	0 days	4%	6%	5%
	1 or 2 days	1%	1%	1%
	3 to 5 days	0%	0%	0%
	6 to 9 days	0%	0%	0%
	10 days or more	0%	1%	1%

Tobacco products last 30 days?

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
53(a). Non-menthol cigarettes past 30 days	0 days	99%	99%	99%
	1 or 2 days	0%	0%	0%
	3 to 5 days	0%	0%	0%
	6 to 9 days	0%	0%	0%
	10 days or more	0%	0%	0%
53(b). Menthol cigarettes past 30 days	0 days	99%	99%	99%
	1 or 2 days	0%	0%	0%
	3 to 5 days	0%	0%	0%
	6 to 9 days	0%	0%	0%
	10 days or more	0%	0%	0%
53(c). Little cigars, cigarillos or flavored cigars (like Black 'n Milds) past 30 days	0 days	99%	99%	99%
	1 or 2 days	0%	0%	0%
	3 to 5 days	0%	0%	0%
	6 to 9 days	0%	0%	0%
	10 days or more	0%	0%	0%
53(d). Chewing tobacco, dip, Snus, or snuff (like Skoal) past 30 days	0 days	99%	99%	99%
	1 or 2 days	0%	0%	0%
	3 to 5 days	0%	0%	0%
	6 to 9 days	0%	0%	0%
	10 days or more	0%	0%	0%
53(e). Smoking tobacco from a hookah or waterpipe past 30 days	0 days	99%	99%	99%
	1 or 2 days	0%	0%	0%
	3 to 5 days	0%	0%	0%
	6 to 9 days	0%	0%	0%
	10 days or more	0%	0%	0%

Alcohol Use

Number of times drinking alcohol last 12 months

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
55. In the past 12 months how many times did you drink alcohol?	Never, not at all	94%	92%	93%
	Less than 1 time per month	4%	6%	5%
	1 time per month or more	2%	2%	2%

Sources of alcohol

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
57(a) I didn't drink in the last 12 months.	No	6%	5%	5%
	Yes	94%	95%	95%
57(b) Buy it myself	No	99%	99%	99%
	Yes	1%	1%	1%
57(c) My parents	No	91%	87%	89%
	Yes	9%	13%	11%
57(d) My brother/sister	No	98%	98%	98%
	Yes	2%	2%	2%
57(e) Other adults	No	98%	97%	97%
	Yes	2%	3%	3%
57(f) Sneak it from home	No	98%	96%	97%
	Yes	2%	4%	3%
57(g) Get it at parties with my friends	No	98%	97%	97%
	Yes	2%	3%	3%
57(h) Someone else buys it for me	No	99%	99%	99%
	Yes	1%	1%	1%
57(i) Steal it from a store	No	99%	99%	99%
	Yes	1%	1%	1%
57(j) Get it some other way	No	97%	96%	96%
	Yes	3%	4%	4%

In the past 30 days, how many days did you . . . ?

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
56(a). Have at least 1 drink of alcohol (more than a few sips).	0 days	97%	96%	97%
	1 to 2 days	2%	3%	3%
	3 to 6 days	0%	0%	0%
	7 or more days	0%	0%	0%
56(b). Have 5 or more alcoholic drinks at one time, in a row, within a couple of hours.	0 days	99%	99%	99%
	1 to 2 days	0%	1%	1%
	3 to 6 days	0%	0%	0%
	7 or more days	0%	0%	0%

Cannabis Use

Cannabis use past 12 months

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
58. In the past 12 months, excluding vaping, how many times did you use cannabis including smoking, eating, or dabbing?	Never, not at all	98%	97%	98%
	Less than 1 time per month	1%	1%	1%
	1 time per month or more	1%	1%	1%

Cannabis use past 30 days

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
59. In the past 30 days, excluding vaping, how many times did you use cannabis including smoking, eating, or dabbing?	0 days	99%	98%	99%
	1 to 2 days	1%	1%	1%
	3 to 6 days	0%	1%	0%
	7 or more days	0%	1%	1%

Access to Drugs

Prescription medications in the home

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
60. Access to prescription drugs in your home.	There are no prescription drugs in my home.	46%	36%	41%
	Prescription drugs in my home are locked up in a secure place.	20%	22%	21%
	Prescription drugs are kept in a place I can access, like the bathroom cabinet or kitchen counter.	35%	41%	38%

School and Education

Special Ed or IEP?

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
65. Do you currently receive special education support or have an IEP?	Yes	9%	11%	10%
	No	75%	77%	76%
	Don't know	16%	12%	14%

Free or reduced lunch

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
66. Do you get free or reduced fees lunch at school?	Yes	16%	17%	16%
	No	60%	63%	62%
	Don't know	24%	21%	22%

Feeling connected to school (SCALE)

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
Connected to school scale	Strongly Agree	31%	26%	28%
	Agree	49%	51%	50%
	Disagree	18%	19%	18%
	Strongly Disagree	3%	4%	3%

School perceptions

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
69(a). I almost always complete my assignments on time	Strongly Agree	34%	33%	34%
	Agree	48%	47%	47%
	Disagree	15%	17%	16%
	Strongly Disagree	3%	4%	3%
69(b). I see my education helping me in the future.	Strongly Agree	39%	40%	40%
	Agree	47%	46%	46%
	Disagree	11%	11%	11%
	Strongly Disagree	3%	3%	3%
69(c). It's important to me that I do well in school.	Strongly Agree	54%	54%	54%
	Agree	40%	40%	40%
	Disagree	4%	5%	5%
	Strongly Disagree	1%	2%	1%
69(d). I struggle getting my homework done.	Strongly Agree	15%	16%	15%
	Agree	29%	30%	29%
	Disagree	38%	39%	39%
	Strongly Disagree	18%	15%	16%

Reasons for struggling with homework

		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	% of Group
Dane County 7-8				
70(a). Below are a few reasons why students struggle getting their homework done. Please indicate how much you AGREE or DISAGREE with each statement: There's too much homework	Strongly Agree	17%	19%	18%
	Agree	31%	34%	32%
	Disagree	38%	37%	38%
	Strongly Disagree	15%	10%	12%
70(b). The homework is too hard, can't figure it out	Strongly Agree	9%	8%	9%
	Agree	24%	27%	25%
	Disagree	48%	50%	49%
	Strongly Disagree	19%	15%	17%
70(c). Too many other responsibilities (job, sports, friends, etc.)	Strongly Agree	14%	16%	15%
	Agree	31%	33%	32%
	Disagree	40%	39%	40%
	Strongly Disagree	14%	11%	13%
70(d). Difficult to get help when I need it	Strongly Agree	8%	8%	8%
	Agree	18%	20%	19%
	Disagree	50%	52%	51%
	Strongly Disagree	24%	19%	22%
70(e). Too tired	Strongly Agree	19%	22%	20%
	Agree	34%	37%	35%
	Disagree	32%	30%	31%
	Strongly Disagree	16%	12%	14%
70(f). Reasons I struggle - Too much stress, anxiety	Strongly Agree	14%	16%	15%
	Agree	22%	25%	24%
	Disagree	37%	38%	38%
	Strongly Disagree	26%	21%	23%

Bullying and Victimization

Victim of bullying (Espelage SCALE)

		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	% of Group
Dane County 7-8				
Espelage victim scale (past 30 days)	Never	48%	50%	49%
	At least once	52%	50%	51%

In the past 12 months, have you been bullied, threaten or harassed . . . ?

		2. What grade are you in?		All 7th-8th Grade Students
		7th % of Group	8th % of Group	% of Group
Dane County 7-8				
73(a). Through the internet or text messaging.	Never	79%	79%	79%
	Rarely	12%	12%	12%
	Sometimes	6%	6%	6%
	Often	2%	3%	2%
73(b). By others thinking you're gay, lesbian, bisexual or transgender	Never	90%	89%	89%
	Rarely	6%	6%	6%
	Sometimes	2%	3%	3%
	Often	2%	2%	2%
73(c). About your race or ethnic background.	Never	88%	87%	87%
	Rarely	6%	7%	7%
	Sometimes	4%	4%	4%
	Often	2%	2%	2%
73(d). About your immigration status	Never	95%	96%	95%
	Rarely	3%	3%	3%
	Sometimes	1%	1%	1%
	Often	1%	1%	1%
73(e). About your political views	Never	95%	93%	94%
	Rarely	3%	4%	4%
	Sometimes	1%	1%	1%
	Often	1%	1%	1%
73(f). About how you look.	Never	61%	62%	62%
	Rarely	19%	19%	19%
	Sometimes	13%	11%	12%
	Often	8%	7%	7%

Adult Connections

Number of adults you can rely on

		2. What grade are you in?		All 7th-8th Grade Students % of Group
		7th % of Group	8th % of Group	
Dane County 7-8				
75. Not counting your parents, how many adults can you rely on if you have a problem and need help?	No other adults available	6%	5%	6%
	At least one other adult	14%	14%	14%
	At least two	17%	19%	18%
	At least three	13%	15%	14%
	Four or more adults	50%	46%	48%